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### Thank you to our Sponsors and Supporters from this year's *Pour* Fundraiser!

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Cabin Fever	Mooses Tooth
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Cook Inlet Housing Authority	Odom Corporation
Credit Union 1	

Join us at our fall fundraiser, *The Pour* on October 6th. The wine tasting and auction event is held at Credit Union 1 headquarters. For more information and to buy tickets visit [www.beanscafe.org](http://www.beanscafe.org). Together we hope to raise over \$50,000!

### Bean's Cafe Staff

Executive Director **Jim Crockett**  
Director of Development **Ken Miller**  
Cafe Manager **Michael Bailey**  
Event/Vol. Coordinator **Katherine Jernstrom**  
Office Manager **Barbara Hogan**  
Asst. Cafe Manager **Venus Woods**  
Social Services Director **Kathy Olson**  
Jesuit Volunteers **Claire and Michael**  
Cooks **Chris Pouliot and Gary Smith**  
Monitors **Grady LeBlanc (lead), Jyrmayne Canty, Daniel Hanohano, Becky Hogan and Willam Miller**  
Inventory **Jamie Mark**

# Fall

October  
2011

# Bean's Café



### Cafe Wish List

- Cream Pies
- #10 cans green beans
- Large packages French onions
- Salad dressing - ranch, French, Italian etc.
- Large cans sweet potatoes
- \*Large cans Coffee\***
- Large bags dinner Rolls
- Paper plates, cups, & plastic ware
- Hams
- Large savory bread dressing
- Bags of apples, oranges & bananas
- Large koolaid fruit punch

### Upcoming Events

- The Pour 10/6
- Native Food Feast 10/16
- Thanksgiving Dinner 11/24
- Christmas Dinner 12/25
- The Empty Bowl 3/10

### Social Services Wish list:

- Disposable Razors
- Socks
- Toothbrushes
- Travel Size Shampoo and Soap

"The underlying premise of Bean's Cafe is a deep belief in the inherent dignity of every person, a belief that people respond with kindness when treated kindly, with trust when trusted, and respectfully when respected."

Copied from the original proposal to organize Bean's Cafe - 1979

## Letter from the Executive Director

The plight of people in need of food has become a more difficult task to meet recently. At Bean's Café the number of people served has increased over the years and the mixture of the population has changed.

Bean's Café has served a diverse group of people over the years. The first group of people might be classified as the street alcoholic. This group of people are the easiest to manage. They are not violent, are easy volunteers and have pleasant personalities. Many times they get hurt. Sometimes the "street meets them" and sometimes they are victims of violence. They are easy to bond with and trying to help them out of their situations can be time consuming and frustrating. I personally call many of these people my friends and I have the deepest respect for them and their environment.

The second major group of people and one that is growing, is the working poor. Many of these people work for minimum wages and sometimes work several jobs to make ends meet. We used to see these people toward the end of the month, when food was scarce in the refrigerator. We see these people much earlier now with the escalating prices of rent and associated utilities. Many of the people just want a meal and then leave. Some of the opportunities presented by this group relate to parking considerations for vehicles. The parking lot is limited to spaces and parking has become an issue. We plan to work through this in an orderly fashion to accommodate this increasing need. We believe with the economy in its current state, will continue to increase at

significant rates.

The third major group of people needing our services are the people that are moving from the rural areas of Alaska to Anchorage. In many cases, people are moving from a village of 500 to a city with a population of over 250,000. Many of the social services provided by the non-profits in Anchorage need to be accessed by this population. This process takes time to educate this group of people and too often they fall out of the "safety-net" of social service providers.

The fourth group of people needing food are those people that have travelled from the "lower-forty-eight" to Alaska. Many have heard of the permanent dividend and employment possibilities. Many of these people just have "the shirt on their backs" and need substantial help for the basic necessities. These people are deeply frustrated in finding reality and few job opportunities.

As you might guess, this diverse group of people require close attention and much monitoring. These elements have put a strain on Bean's Café staff. Safety for our clients is of utmost importance.

Your donations make it possible to meet these increasing diverse needs. We at Beans' Café are very fortunate to have a dedicated and loyal group of supporters and we thank each and every one of them.

**Jim Crockett, Executive Director**



## Development Department Update:

### "Mobile Giving" at Bean's Café

Bean's Café is the first local nonprofit in Alaska to have the ability to accept **text donations**, also known as Mobile Giving from personal cell phones.

Simply text 'BEANS' or 'KIDDO' to '50555' to donate \$10 to Bean's Café or The Children's Lunchbox directly from your cell phone. Thank you for supporting us in this new technology and if you have any questions please call 297-5620 to speak with Ken Miller.

### Over 1,050 Alaskans give to Bean's Café with Pick Click Give!

Thank you to everyone who contributed a portion of their Permanent Fund Dividend to Bean's Café through the Pick Click Give program. In 2009, ninety-nine Alaskans contributed to Bean's Cafe. In 2010 we saw a huge increase, 413 people contributed over \$25,000. **This year we have had over 1,050 individuals choose Bean's Café for their Pick Click Give Donation.** Thank you for thinking of Bean's Cafe on your PFD Application!

Remember, if you contributed in 2010 **and** work at Wells Fargo, BP, The Foraker Group, Rasmuson Foundation, or ConocoPhillips, they will match your contribution. Call Ken Miller at 297-5620 if you have any questions about Pick Click Give or if your company does a corporate match.



### Meet Barbara Hogan, Office Administrator

Hello, my name is Barbara Hogan and I moved to Anchorage from Rehoboth Beach, DE in June of 1991 with my 2 children. What started out as a 2 week vacation has lasted over 20 years! I have over 30 years experience as a Bookkeeper/Office Manager. I'm an officer with the Elks of Anchorage Lodge and I am very involved with the community coordinating events & fundraisers for the Elks. If that doesn't keep me busy enough, I'm the proud Nana of 2 little girls ages 3 & 8. I feel as though my job here at Bean's Café is my dream job of a life time! In my heart I feel we need to help the men, women & children in our own community who need nourishing food to eat & a place to call home...for now we at Bean's Café are that place & I am very humbled to be a part of a great humanitarian agency.

### Meet Claire and Michael, our 2011/2012 Jesuit Volunteers

Please welcome our two new Jesuit Volunteers, Michael Brede and Claire Smith. As they began their one year service, we also sadly said our good byes and hope the best to both Paul

Beckwith and Braden VanDragt, our 2010/2011 Jesuit Volunteers. Michael is from Cromwell, Connecticut and attended Assumption College where he graduated in 2011 with a degree in Psychology and a minor in Human Services. While at Assumption he volunteered with many youth and at a residential program for teens, at a halfway house for recovering alcoholics, and as a teaching assistant for students with intellectual disabilities. Michael is a music, nature, and sports lover. He is passionate about the achievement gap in the school system as well as the injustice of homelessness.

Claire hails from Cornish Flat, New Hampshire and graduated in 2011 from College of St. Mary Magdalen with a degree in Liberal Studies. She has volunteered in her college's library and at nursing homes. Claire can play the organ, has been a ski and snowboard instructor and has worked in the kitchen and as a lifeguard at a conference center. Claire is passionate about human dignity.

We at Bean's Cafe are pleased to have Michael and Claire on our team!

## Many New Faces

We are lucky to have many new faces here at Bean's Cafe as we enter the busy holiday season...

### Meet Steve: Client Volunteer

My name is Steve Nappier. I'm 59 years old and on disability. I come down to Bean's Cafe whenever my health allows me to. I help out with cooking, prep work, stocking and inventory.

When I cook, I usually have another volunteer to help and I show them what to do. With prep work I cut, chop, blend, produce, fruit, potatoes, eggs, whatever

**"As Bean's motto goes, 'giving a hand up, not a hand out'... whether volunteering time or donations, it takes all of us"**

it takes to prepare for the next day's meals. When I help stock, I rotate products as they come in and put them in their proper place. I also check in donations and log them on the donor's sheet.

During inventory we count and weigh all food products in dry storage and the freezer. Because of my health, I have a limited time in the freezer so I mostly write down the weights.

I enjoy volunteering here and it is my way of contributing to the community. As Bean's motto is 'giving a hand up not a hand out' with the support of everyone whether volunteering time or donations, it takes all of us.



## The Children's Lunchbox

Since 1998, The Children's Lunchbox, (formerly known as Kid's Cafe), has been preparing and delivering nutritious meals and snacks to hungry kids in safe community environments. The Children's Lunchbox chooses sites that are serving substantially low-income and/or at risk children.

### "Just a little Extra Program"

We provide more than 500 students at Mountain View Elementary and Ptarmigan Elementary 4 healthy meals to take home every Friday throughout the school year. Since 2008 this program has assisted children directly

and gives them food assistance for the weekend. This has allowed children a better opportunity to come to school on Monday focused and ready to learn. Success in this program has allowed us to have added Klatt Elementary to our list of weekend food deliveries for the 2011/2012 school year.

**School Year Program**  
In our Prepared Meals (school year) program we provided after school meals every weekday to more than 120 students. Organizations like Crossroads (alternative program for pregnant and parenting teens) and Avail (where many of the youth are in transition or

homeless) participated in this program. In our Prepared Meals (summer) program, we provided more than 23,000 meals to the youth of Anchorage.

**Early Morning Snack Program**  
In our early morning snack program we provided over 1,000 snacks to the children at Boys & Girls Club of Mountain View in the 2010/2011 school year. The Early Morning Snack Program began because a population of kids were coming to school without having breakfast and nothing to eat until lunch.



## From the Program Director

As we look back at our past 13 years – celebrating our successes and remembering those who have assisted us with our mission – those of us that work each day to improve the lives of Alaska's children, we find ourselves in a unique situation. Our commitment to these children is strengthened by the knowledge that the level of need in our community has never been greater. We have set ambitious goals and realize that they will be more difficult to accomplish than

ever before. However, the difficulty of success does not relieve us of the responsibility to try. We must all live consciously. These children's future may sometimes be beyond our vision, but it is never beyond our control. We have certainly begun to extend our outreach to a greater number of children and families seeking our assistance than ever before. We can never stop caring or making a difference.

**Thank you for your commitment and support - we ask that you reach deep into your hearts for our children every day!**

- Lynette Ortolano, Program Director

## The Children's Lunchbox Wish list:

### **Cans (Fruits & Vegetables):**

Green Beans, Corn, Peas  
Peaches, Mandarin Oranges  
Pears, Pineapple, Fruit Cocktail

### **Cans (Protein):**

Tuna, Chilli, Ravioli, Soups,  
Beef Stew, Baked Beans,  
Pork and Beans, Refried Beans, Beanie-Weenie, Vienna Sausage

### **Individual Servings:**

Fruit Cups, Apple Sauce,  
Granola Bars, Pop Tarts,  
Macaroni & Cheese

### **Miscellaneous:**

Peanut Butter, Jam, Pilot Bread, Ritz Crackers,  
Triskets, Dried Fruit, Large Bags of Nuts, Rice, Pasta

## Bean's Cafe & TCL Board of Directors:

Leslie Ellis - Chairperson  
Steve Williams - Vice Chair  
Abbe Dunning-Newbury - Secretary  
Bernie Washington - Treasurer  
Kim Frensley  
Greg Cooke  
Marty Howard  
Mike Prozeralik  
David Valdez  
Pat Corkery  
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